#### **ATTACHMENT A**

I. Definitions from La. R.S. 14:403.2 (Adult Protective Services Law) Applies all to elders and adults with disabilities.

"Abuse" is the infliction of physical or mental injury on an adult by other parties, including but not limited to such means as sexual abuse, abandonment, isolation, exploitation, or extortion of funds, or other things of value, to such an extent that his health, self-determination, or emotional well-being is endangered.

"Exploitation" is the illegal or improper use or management of an aged person's or disabled adult's funds, assets or property, or the use of an aged person's or disabled adult's power of attorney or guardianship for one's own profit or advantage.

"Extortion" is the acquisition of a thing of value from an unwilling or reluctant adult by physical force, intimidation, or abuse of legal or official authority.

"Neglect" is the failure, by a caregiver responsible for an adult's care or by other parties, to provide the proper or necessary support or medical, surgical, or any other care necessary for his well-being. No adult who is being provided treatment in accordance with a recognized religious method of healing in lieu of medical treatment shall for that reason alone be considered to be neglected or abused.

"Self-neglect" is the failure, either by the adult's action or inaction, to provide the proper or necessary support or medical, surgical, or any other care necessary for his own well-being. No adult who is being provided treatment in accordance with a recognized religious method of healing in lieu of medical treatment shall for that reason alone be considered to be self-neglected.

"Abandonment" is the desertion or willful forsaking of an adult by anyone having care or custody of that person under circumstances in which a reasonable person would continue to provide care and custody.

#### "Isolation" includes:

- (a) Intentional acts committed for the purpose of preventing, and which do serve to prevent, an adult from having contact with family, friends, or concerned persons. This shall not be construed to affect a legal restraining order.
- (b) Intentional acts committed to prevent an adult from receiving his mail or telephone calls.
- (c) Intentional acts of physical or chemical restraint of an adult committed for the purpose of preventing contact with visitors, family, friends, or other concerned persons.
- (d) Intentional acts which restrict, place, or confine an adult into a restricted area for the purposes of social deprivation or preventing contact with family, friends, visitors, or other

concerned persons. However, medical isolation prescribed by a licensed physician caring for the adult shall not be included in this definition.

## II. Definitions from LA. R.S. 40.2009.20 (Licensing law for health care providers)

"Abuse" is the infliction of physical or mental injury or the causing of the deterioration of a consumer by means including but not limited to sexual abuse, or exploitation of funds or other things of value to such an extent that his health or mental or emotional well-being is endangered.

"Neglect" is the failure to provide the proper or necessary medical care, nutrition, or other care necessary for a consumer's well-being.

III. Definitions from 45 CFR 1386.19(Protection & Advocacy for the Developmentally Disabled)

"Abuse" means any act or failure to act which was performed, or which was failed to be performed, knowingly, recklessly, or intentionally, and which caused, or may have caused, injury or death to an individual with developmental disabilities, and includes such acts as: Verbal, nonverbal, mental and emotional harassment; rape or sexual assault; striking; the use of excessive force when placing such an individual in bodily restraints; the use of bodily or chemical restraints which is not in compliance with Federal and State laws and regulations or any other practice which is likely to cause immediate physical or psychological harm or result in long-term harm if such practices continue.

"Neglect" means a negligent act or omission by an individual responsible for providing treatment or habilitation services which caused or may have caused injury or death to an individual with developmental disabilities or which placed an individual with developmental disabilities at risk of injury or death, and includes acts or omissions such as failure to: establish or carry out an appropriate individual program plan or treatment plan (including a discharge plan); provide adequate nutrition, clothing, or health care to an individual with developmental disabilities; provide a safe environment which also includes failure to maintain adequate numbers of trained staff.

# IV. Definitions from 42 CFR 51.2 (Protection & Advocacy for the Mentally III)

"Abuse" means any act or failure to act by an employee of a facility rendering care or treatment which was performed, or which was failed to be performed, knowingly, recklessly, or intentionally, and which caused, or may have caused, injury or death to an individual with mental

illness, and includes but is not limited to acts such as: rape or sexual assault; striking; the use of excessive force when placing an individual with mental illness in bodily restraints; the use of bodily or chemical restraints which is not in compliance with Federal and State laws and regulations; verbal, nonverbal, mental and emotional harassment; and any other practice which is likely to cause immediate physical or psychological harm or result in long-term harm if such practices continue.

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"Neglect" means a negligent act or omission by an individual responsible for providing services in a facility rendering care or treatment which caused or may have caused injury or death to an individual with mental illness or which placed an individual with mental illness at risk of injury or death, and includes, but is not limited to, acts or omissions such as failure to: establish or carry out an appropriate individual program or treatment plan (including a discharge plan); provide adequate nutrition, clothing, or health care; and the failure to provide a safe environment which also includes failure to maintain adequate numbers of appropriately trained staff.

V. Definitions from 42 CFR 488.301. (Long Term Care facility regulations)

"Abuse" means the willful infliction of injury, unreasonable confinement, intimidation, or punishment with resulting physical harm, pain or mental anguish.

"Neglect" means failure to provide goods and services necessary to avoid physical harm, mental anguish, or mental illness.

#### VI. Definitions from La. Children's Code Article 603

- (1) "Abuse" means any one of the following acts which seriously endanger the physical, mental, or emotional health and safety of the child:
- (a) The infliction, attempted infliction, or, as a result of inadequate supervision, the allowance of the infliction or attempted infliction of physical or mental injury upon the child by a parent or any other person.
- (b) The exploitation or overwork of a child by a parent or any other person.
- (c) The involvement of the child in any sexual act with a parent or any other person, or the aiding or toleration by the parent or the caretaker of the child's sexual involvement with any other person or of the child's involvement in pornographic displays, or any other involvement of a child in sexual activity constituting a crime under the laws of this state.

(2) "Neglect" means the refusal or unreasonable failure of a parent or caretaker to supply the child with necessary food, clothing, shelter, care, treatment, or counseling for any injury, illness, or condition of the child, as a result of which the child's physical, mental, or emotional health and safety is substantially threatened or impaired. Consistent with Article 606(B), the inability of a parent or caretaker to provide for a child due to inadequate financial resources shall not, for that reason alone, be considered neglect. Whenever, in lieu of medical care, a child is being provided treatment in accordance with the tenets of a well-recognized religious method of healing which has a reasonable, proven record of success, the child shall not, for that reason alone, be considered to be neglected or maltreated. However, nothing herein shall prohibit the court from ordering medical services for the child when there is substantial risk of harm to the child's health or welfare.

# Attachment B

# SIGNS OF ABUSE, NEGLECT, AND EXPLOITATION

The presence of some of these conditions may not necessarily indicate abuse, neglect or exploitation. However, a cluster of these conditions, the seriousness of any condition, or the recurrence of one or more raises the probability.

#### **ABUSE**

BRUISES OR WELTS—especially (1) on the face, lips, mouth, torso, back, buttocks, bilaterally on thighs, or inner arms; not over knees or elbows (2) around wrists or ankles from restraints; (3) clustered as from repeated striking; (4) shape similar to an object or hand/thumb/fingermarks; (5) presence of old and new bruises at the same time as from repeated injury; (6) injuries in different stages of resolution on different areas of the body. Dating of bruises is not an exact science. The chart below is a very rough guide. If more than one color is present, more than one incident may have occurred.

NOTE: Document bruises. If no camera is available, draw what you see immediately on a body chart or incident form and indicate the color, size shape and location of the injury.

## Dating of Bruises:

0 to 2 days	swollen, tender
2 to 5 days	red-blue
5 to 7 days	green
7 to 10 days	
10 to 14 days	brown
2 to 4 weeks	clear

Bruises do not always mean that abuse occurred. There are physiological conditions and reactions that cause bruising. Many elderly persons have experienced a loss of subcutaneous fat, which allows the blood vessels to be more easily injured from bumping into furniture or from a caregiver assisting the consumer in and out of bed. Some medications such as blood thinners and anticoagulants cause a person to bruise more easily. Psychotropic medications may affect vision, balance, and gait, causing falling and bumping into furniture, walls, and doors.

FRACTURES, SPRAINS, OR DISLOCATIONS—especially (1) to skull, nose, facial structure; (2) in various stages of healing; or (3) multiple or spiral fractures

Abrasions, lacerations, wounds, or punctures

Contractures, which may indicate confinement for long periods

Burns—such as (1) cigar, cigarette burns on palms, legs, arms, back or soles of feet; (2) immersion burns resulting in sock-like, glove-like, or doughnut-shaped burns on buttocks; or (4) rope burns on arms, neck, or torso from improperly applied restraints

Hair thin as though pulled out, bald spots

Frequent use of the emergency room and/or hospital or health care "shopping"

Injuries to head, scalp, or face

Vague explanation or denial in view of obvious injury

Conflicting or illogical explanation of injury

Locked up or left alone for extended periods of time

Denied visitors or telephone calls or freedom to go out of house to visit friends, etc...

Threats, insults, or harsh orders by caregiver

#### NEGLECT

Dirty skin, uncombed hair

Soiled clothes and bedding

Insufficient or inappropriate clothing for the weather

Body odor

Underweight, sudden weight loss

Inadequate heating and cooling

Inadequate shelter or unsanitary living conditions

House lacks minimum equipment and facilities (e.g., no furniture, stove, or hotplate, refrigerator, electricity, or plumbing)

Extremely neat and clean—doesn't look lived in

Lack of food and water

Food stored improperly or is spoiled

Lack of needed medical attention

Untreated mental health problems

Prolonged interval between injury and treatment

Lacks eyeglasses, hearing aid, false teeth, walker, crutches, wheelchair, or other needed prosthetic devices

Medication not taken or taken improperly

Excessive number of old medicine bottles with outdated prescriptions or from different doctors

Infected or untreated wounds

Bedsores-especially Stage III and IV

Discoloration of the skin (too white or grey indicating malnutrition, dark color, indicating dehydration, yellow color indicating jaundice)

### EXPLOITATION/EXTORTATION/MISAPPROPRIATION

Legal documents signed when consumer is incapable of understanding. Theft or misuse of pension checks, disability benefits, savings, etc...

Reliance on consumer's income by caregiver for personal needs

Failure to meet basic subsistence needs despite adequate income

Living arrangements, household and personal items not commensurate with alleged size of the estate

No awareness of financial affairs or what is being done with money or property

Taking possession of money or property by caregiver

Abusing joint checking account privileges

Unusual activity in bank account, e.g., transfer of funds from one branch to another or more frequent or larger than usual withdrawals

Activity in bank account inappropriate to the consumer, i.e., withdrawals from automated banking machines when the consumer cannot walk or get to the bank, checks signed when the consumer cannot write

Unpaid bills, overdue rent

Personal belongings such as art, silverware, jewelry missing

### HIGH RISK CONDITIONS

Certain conditions and behaviors have been shown to create a greater risk of abuse, neglect, or exploitation. The caseworker needs to be alert to these conditions.

- Alcohol and /or drug abuse by consumer or caregiver
- Mental illness of consumer or caregiver
- Caregiver and/or consumer are alienated, socially isolated
- Caregiver has poor self-image
- Caregiver is young, immature, and behavior indicates own dependency needs have not been met
- Caregiver is forced by circumstances to care for consumer
- Consumer is demanding, overly critical, never satisfied
- Consumer is disoriented, confused, depressed
- Caregiver does not know how to provide adequate care for consumer
- Violence has been the norm for discipline/conflict resolution in the family
- Caregiver is unemployed, without sufficient funds, dependent on consumer for housing and money
- Caregiver and/or consumer have poor health or chronic illness

#### **RED FLAG BEHAVIORS**

#### CONSUMER BEHAVIORS

Unwillingness to discuss problems or injuries with caregiver or in caregiver's presence

Fearful of caregiver, but anxious to please

Fearful of outside contacts

Frustration, anger at caregiver

Overly passive or quiet

Agitated

Tearful

Looks to caregiver to provide "right answers"

Unrealistic statements about what the consumer and/or caregiver can do or did

Implausible stories

# **CAREGIVER BEHAVIORS**

Exaggerated defensiveness or over-concern

Obvious absence of assistance, attitudes of indifference towards consumer

Overt hostility towards consumer

Demanding, critical, accusing

Does not give the consumer the opportunity to speak for himself or to see others without the presence of the caregivers

Blames someone or something else for problems

Lacks knowledge of consumer's condition and needed care

Unwillingness or reluctance to comply with service providers in planning and delivery of care

Attempts to isolate the consumer from his friends and other family members

Lacks physical or eye contact with consumer

Claiming that consumer purposefully is incontinent, refuses to walk, just wants attention, etc.

Flirtatious, coy, etc. as indicators of possible inappropriate sexual relationship

# Attachment C Case Examples

- 1. A 38 year old female with chronic mental illness and a history of placements in various facilities and her 43 year old brother who has severe mental retardation live with their 73 year old father. Their mother is deceased. You are assigned to provide supports to the brother. On your first visit to the home you notice the following: The home is very cluttered and does not appear to have been cleaned in a while. There are dirty dishes piled in the sink, dried liquids spilled on the floor, etc. There are signs of roaches everywhere. There are piles of unopened mail everywhere. There is little food in the house, but lots of fast food bags in the trash. After you've been working in the home a few days, you notice the following: The sister's behavior is strange. She mumbles to herself all the time. She sometimes walks around the house with very little clothing on. She seldom eats. She has several full bottles of medication in the bathroom. You also notice the father seems very forgetful. He asks you the same questions over and over and doesn't remember things you tell him. Once in a while, he gets very angry and raises his voice at everyone for no apparent reason. One day you come to work and notice the brother has a bruise on his left cheek just below the eye. When you ask him what happened, he will not tell you.
- 2. James is a 34 year old. He was injured in an accident and does not have the use of his legs. He uses a wheelchair to get around. You are providing support for James. James lives with his sister, Roxanne. She also works as one of his support workers. When you are on duty, she usually leaves the home. Sometime when she comes back to start her shift, you notice a strong smell of alcohol on her breath. You know there is a lot of liquor in the house. Yesterday, James's disability check came. As you were approaching the house to go on duty, you overheard Roxanne shouting at James, she was calling him a "cripple", saying "you owe me" and threatening that if he did not give her money, she would leave and force him to go into a nursing home. When you knocked on the door, she left out the back. James told you to come in, the door was open. When you came in, you found James lying on the floor, with the wheelchair overturned. When you asked him what happened, he said he bumped into the couch and fell over. When you asked him if Roxanne did this, he said no.
- 3. You provide supports to an 88 year old woman who has dementia. She is usually not able to communicate, but sometimes has moments when she can. She lives in a very nice home and seems to be "well off" financially. She has a nice car, but she is unable to drive anymore. She has a son who lives across town. You do not see him come to see his mother very often. When he does come, he takes her on "outings". You notice that items (furniture, art work, silverware) are starting to "go missing" from the home. One day, you come to work after the weekend and notice the car is not in the garage. One day in the mail, you see an envelope that has "Final Notice" printed on it. One day after the mother and son have gone on an outing, the bank calls and asks to speak to her. She is unable to communicate well, but after the phone call she is noticeably upset. You try to question her about it but she is unable to communicate clearly.

# Trainer's notes to Case Examples:

- 1. The condition of the home could be sign of neglect. Note that some persons are more comfortable with "clutter" and a "dirty house" than others, and that it's important not to impose your standards on others. However, the dishes and spills, causing pests could be a health issue. The unpaid bills are a sign no one is managing the household and the consumer could be threatened with a utility cut-off, eviction, etc. They could also be a sign of exploitation, if for example, the sister is handling everyone's money. The sister's mental health condition presents a risk factor. Her behavior (and the unused medicine) may indicate she is not taking her medications and her condition is worsening. She may be neglecting herself and/or her behavior may place the brother at risk. The father shows some signs of possible dementia. He also may be neglecting himself or his outbursts may place the brother at risk. The bruise on the brother's face may or may not have been caused by abuse, but as an "unexplained injury" it should be reported. This household really contains three persons, all of whom may need supports and only one of whom is receiving them.
- 2. Roxanne's apparent drinking while on duty is a risk factor for abuse/neglect (as well as probably a violation of the provider agency's policies). Roxanne's shouting and saying those things to James is verbal and/or emotional abuse. Asking/demanding money and threatening him if he doesn't provide it is extortion. Finding James on the floor with the wheelchair overturned is his explanation plausible? NOTE: Point out that consumers will often deny abuse. If it was an accident, is Roxanne leaving him on the floor neglect?
- 3. The disappearing items in and around the home are a warning sign of financial exploitation. The "final notice" is also, especially if the son helps pay the bills or manage his mother's money. The phone call from the bank likewise. NOTE: Point out that if the son were asked about the missing items, he might say "mother told me to take them" or something similar. Given her dementia, is she able to make such decisions. Is she likely to be easily "influenced" by the son?

#### Attachment D

# IMPORTANT PHONE NUMBERS TO REPORT ABUSE/NEGLECT

[1] Child Protection (Office of Community Services) 1-800-422-4453
This "800" number is a national hot line. There is no "800" for the state.
There is a number for each parish.

[Children, from birth through age 17]

[2] Adult Protective Services (DHH)......1-800-898-4910

[Adults with disabilities, ages 18-through 59]

[3] Elderly Protective Services 1-800-256-4277 (state office)

There are regional EPS phone numbers:

Baton Rouge 800-256-4277

Hammond 800-533-1297

Lake Charles 800-491-2619

Monroe 800-954-6902

New Iberia 866-491-5044

New Orleans 800-673-4673

Shreveport 800-259-5284

Alexandria 800-256-7001

[Adults aged 60 and older]

[4] Office of Elderly Affairs 800-259-4990

[Adults ages 18-59]

[5] Health Standards (DHH) 1-888-810-1819

Reports about abuse in nursing homes or ICF/MRs

# Attachment E Making a Good Report

- The Report should be timely. The law requires that abuse/neglect/exploitation is reported as soon as the reporter has "reason to believe". It does not require that the reporter have absolute proof, that the reporter investigate for themselves before contacting the appropriate agencies, etc. The sooner the report is made, the fresher the evidence, and the more likely the investigating agencies will resolve the matter appropriately.
- The Report should be made by or should identify the source. The law places responsibility for reporting on people, not agencies or organizations. If you saw it, heard it, were told it, you should report it. If you are reporting something someone else saw or heard, tell the agency you are reporting to you actually witnessed the event.
- The Report should be detailed. Include who is involved in any way, what happened, when it happened, where it happened. Provide as much detail as possible.
- The Report should not exaggerate. Do not try to make the situation sound worse than it is in order to get a faster response. When agencies respond and find the situation was exaggerated, you lose credibility as a reporter.
- Include all relevant information. The law requires that reports in include "any pertinent information" and reporting agencies are entitled to any information that is relevant to the case, even if it is normally considered confidential (for example, consumer's medical information).

# Attachment F Is it Reportable?

Mark each situation: (Y) if it is appropriate a situation that should be reported as possible abuse/neglect/exploitation and (N) if it need not be reported. 1. 78 year-old female stroke victim, has dementia, is tube-fed, and needs assistance with most daily activities. Lives alone, has workers and family members who live next door providing supports, including tube feeding. However, the primary family member will be having surgery and the other family member will accompany the primary out of town for the surgery. The DSW is fearful that the family will not be back in town to do the tube feeding and other care needed. 2. A mother and daughter who has mild MR got into an argument because the mother is upset that the daughter wants to date someone she met at her job at Wal-Mart. Daughter cursed mother and mother slapped daughter. 3. You arrive at work at the consumer's home and find him locked in his room alone. No one else is home. When his mother returns, she says she did it to keep him from wandering the neighborhood while she went to the grocery store. The consumer has moderate/severe MR. 4. A consumer with moderate MR arrives at the day program with 2 black eyes and a broken nose. When asked what happened he states, "he did it "and comments "I don't know what happened". 5. A consumer who has paraplegia due to a recent auto accident comments to a worker that he wants to kill himself. The worker knows there is a gun in the house. 6. An elderly man gave a power of attorney to his nephew while he was in the hospital to have heart surgery. After the man returns home, he tells you the nephew withdrew \$21,000 from the uncle's savings account and is unable to account for the money. The nephew tells you his uncle told him he could have it while he was in the hospital. 7. You assist a consumer with paying bills. You notice on the phone bill that there are a number of long distance phone calls out of state. The consumer tells you she didn't make the phone calls, but you know one of your co-workers has relatives in that state. 8. You are supporting a consumer who has 24 hour paid support and needs assistance with transferring and toileting. You arrive for duty and find the previous shift worker has already gone. You find the consumer is in bed and has

FOR AFTER HOUR				E OF COMMUNITY SERVICES EMENT / * HOTLINES ARE 24-HR EXCEPT AS NOT
PARISH	PHONE	TOLL-FREE	HOTLINE*	ADDITIONAL #'S/INFO
ACADIA	337-788-7503			(LAFOURCHE)
ALLEN	318-355-1740			(LAI CORCIL)
ASCENSION	225-644-4603			
ASSUMPTION	985-447-0945			
AVOYELLES	318-253-7734			
BEAUREGARD BIENVILLE	337-463-2056			
BOSSIER	318-371-3004 318-741-7340		240 676 7600	(WEBSTER)
CADDO	310-741-7340		318-676-7622 318-876-7622	
CALCASIEU			337-491-2545	
CALDWELL			318-262-5311	(OUACHITA)
CAMERON			337-491-2545	(CALCASIEU)
CATAHOULA	318-339-6030			<b>(</b>
CLAIBORNE	318-371-3004			(WEBSTER)
CONCORDIA	318-757-3667			
DESOTO	318-872-6311			
EAST BATON ROUGE EAST CARROLL	318-559-3664		225-925-4571	
EAST FELICIANA	225-683-3734	800-351-4876		
EVANGELINE	337-363-6011	000-001-4010		
RANKSIN	318-362-3062			
GRANT	318-627-3000			
BERIA	337-373-0026	800-883-4480		
BERVILLE	225-687-4373			
ACKSON	318-251-4101			(LINCOLN)
JEFFERSON (EAST)		888-549-6850	504-736-7033	
JEFFERSON (WEST) JEFFERSON DAVIS	337-824-9649		504-736-7033	
-AFAYETTE *	331-024-3043		337-262-5244*	*24 HR ON WEEKENDS & HOLIDAYS ONLY
_AFOURCHE	985-447-0945			24 THE ON WEEKENDO & HOLIDAYS ONE;
LASALLE	318-339-6030			(CATAHOULA)
LINCOLN	318-251-4101			,
LIVINGSTON	225-686-7257			
MADISON	318-574-5201			
MOREHOUSE NATCHITOCHES	318-283-0820 318-357-3128			
DRLEANS	310-337-3120		504-736-7033	
DUACHITA			318-362-5311	
PLAQUEMINES			504-736-7033	
POINTE COUPEE	225-638-4846			
RAPIDES			318-487-5116	
RED RIVER	318-357-3128			(NATCHITOCHES)
RICHLAND SABINE	318-728-3037 318-256-4104			
ST BERNARD	310-230-4104		504-736-7033	
T CHARLES	985-652-2938	800-431-6801	304-730-7033	(ST JOHN)
ST HELENA	985-748-2001	800-569-5408		(ST JOHN) (TANGIPAHOA)
ST JAMES	985-652-2938	800-431-6801		(ST JOHN)
ST JOHN	985-652-2938	800-431-6801		(======,
ST LANDRY	337-942-0050			
T MARTIN	337-394-6081			
T MARY	337-828-5278	800-251-9606		
TAMMANY ANGIPAHOA	985-893-6225 985-748-2001			
ENSAS	318-766-3998			MADISON OCCUMENTONIOATES DEPOSTS
ERREBONNE *	5.07.00-0550		985-857-3634*	MADISON OCS INVESTIGATES REPORTS *24 HR ON WEEKENDS & HOLIDAYS ONLY
JNION	318-368-7917		-35 50. 5007	27 JIN ON WEEKERDS & MULIDATS UNLT
/ERMILION	337-898-1430	888-566-5437		
/ERNON			337-238-3098	
WASHGINTON	985-732-6800	888-320-6800		
VEBSTER	318-371-3004			
WEST BATON ROUGE	225-687-4373			(IBERVILLE)
WEST CARROLL WEST FELICIANA	318-728-3037 225-683-3734			(RICHLAND)
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